

# Exercises will not open

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When I click on the posture exercises under Reference Modules I get an error message.

## SOLUTION:

two things can cause this error.

1. Adobe Acrobat Reader is not installed on the system. This is a free download from [www.Adobe.com](http://www.Adobe.com). Download and install.
2. On some computers the factory setting for a file extension (.doc,.txt, etc.) is set to hide. Posture Pro needs to have those extensions visible.

## Displaying the File Extension in Windows Vista and Windows 7

1. Click the Start menu. ...
2. Type "folder options" (without the quotes). ...
3. A dialog box with the title "Folder Options" will appear. ...
4. Click the View Tab
5. Click to uncheck the box for "Hide extensions for known file types".
6. Click the "OK" button at the bottom of the dialog box.

**1.LaunchControl Panel.** In Windows 8 / 8.1, you can get by hitting Windows + X and selecting from the menu that appears.

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**2. Open Folder Options.** If you don't see the Folder Options icon right away, you can find it by typing Folder Options into the search box at the upper right corner of the control panel window.

**3. Select the View tab.**

**4. Toggle "Hide extensions for known file types" to off.** We also recommend changing Hidden files and folders to "Show hidden files, folders and drives" so you can access all of Windows' system folders.

**5. Click Ok.** Now, any time you browse your file system, you will see all file

extensions.

- See more at: <http://www.laptopmag.com/articles/show-file-extensions#sthash.Zs2Dr4lj.dpuf>

Online URL: <https://posturepro.phpkb.cloud/article.php?id=163>