

Why is 0.3Hz a preferred frequency for Face Work and Healing?

Microcurrent's healing power comes from a signal that approximates the body's repair mechanism. It begins with increasing ATP at the injury site. This increase in energy supply then fuels the repair process. Microcurrent has been shown in studies to increase local ATP by up to 500%, given the right signal. The wrong signal can actually depress ATP. All the machines from VenturaDesigns use the right signal and 0.3Hz is a big part of that. When matched with other parameters for True microcurrent, the 0.3Hz creates an ATP generating signal for 6 seconds every cycle.

Online URL: <https://posturepro.phpkb.cloud/article.php?id=214>